

REPORT TO THE BEHAVIORAL HEALTH OVERSIGHT COMMISSION

September 9, 2005

NEBRASKA HEALTH AND HUMAN
SERVICES SYSTEM

NEBRASKA HEALTH AND HUMAN SERVICES SYSTEM



AGENDA

1. BEHAVIORAL HEALTH SYSTEM PERFORMANCE

- **EPC Admissions**
- **Inpatient Services**
- **Community Services**

2. REGION 6 INTERIM PLAN

3. RENTAL ASSISTANCE PROGRAM

4. MEDICAID

BEHAVIORAL HEALTH SYSTEM PERFORMANCE

- **EPC Admissions**

EPC Admissions by Region FY02, FY03, FY04, FY05

*Will be updated
each quarter*

Region	FY02	FY03	FY04	FY05
Region 1	269	221	*231	** 245
Region 2	169	155	153	154
Region 3	543	550	520	510
Region 4	646	496	496	451
Region 5	744	834	798	850
Region 6	559	457	403	452
Total	2930	2713	2601	2662

Data Source: Regional Administration and Magellan Behavioral Health

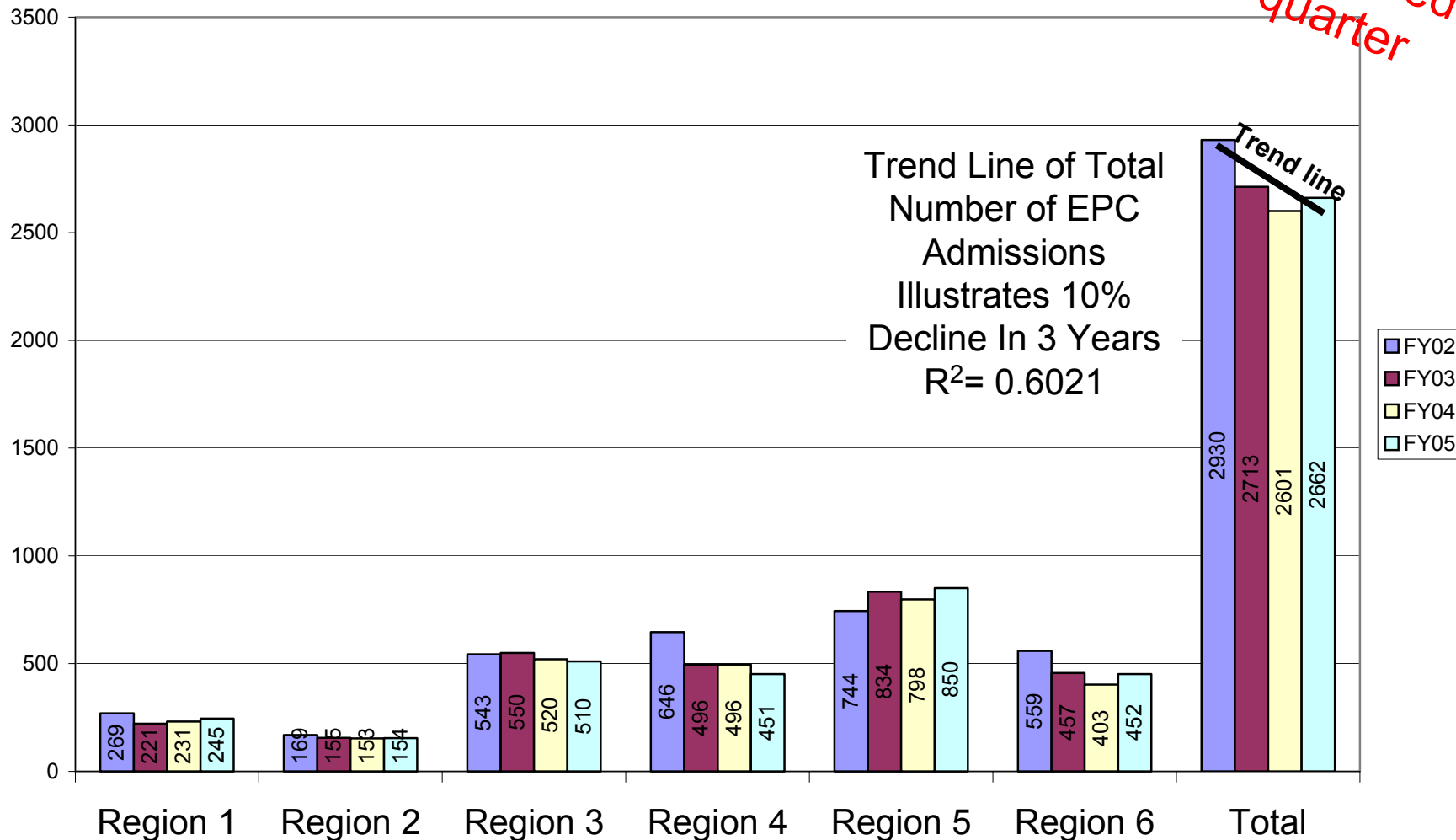
FY05 Data Run Date: July 26, 2005

* FY 04 Amended by Region 1 to reflect full year data.

** FY 05 Amended by Region 1 - Double data entry of admissions being corrected

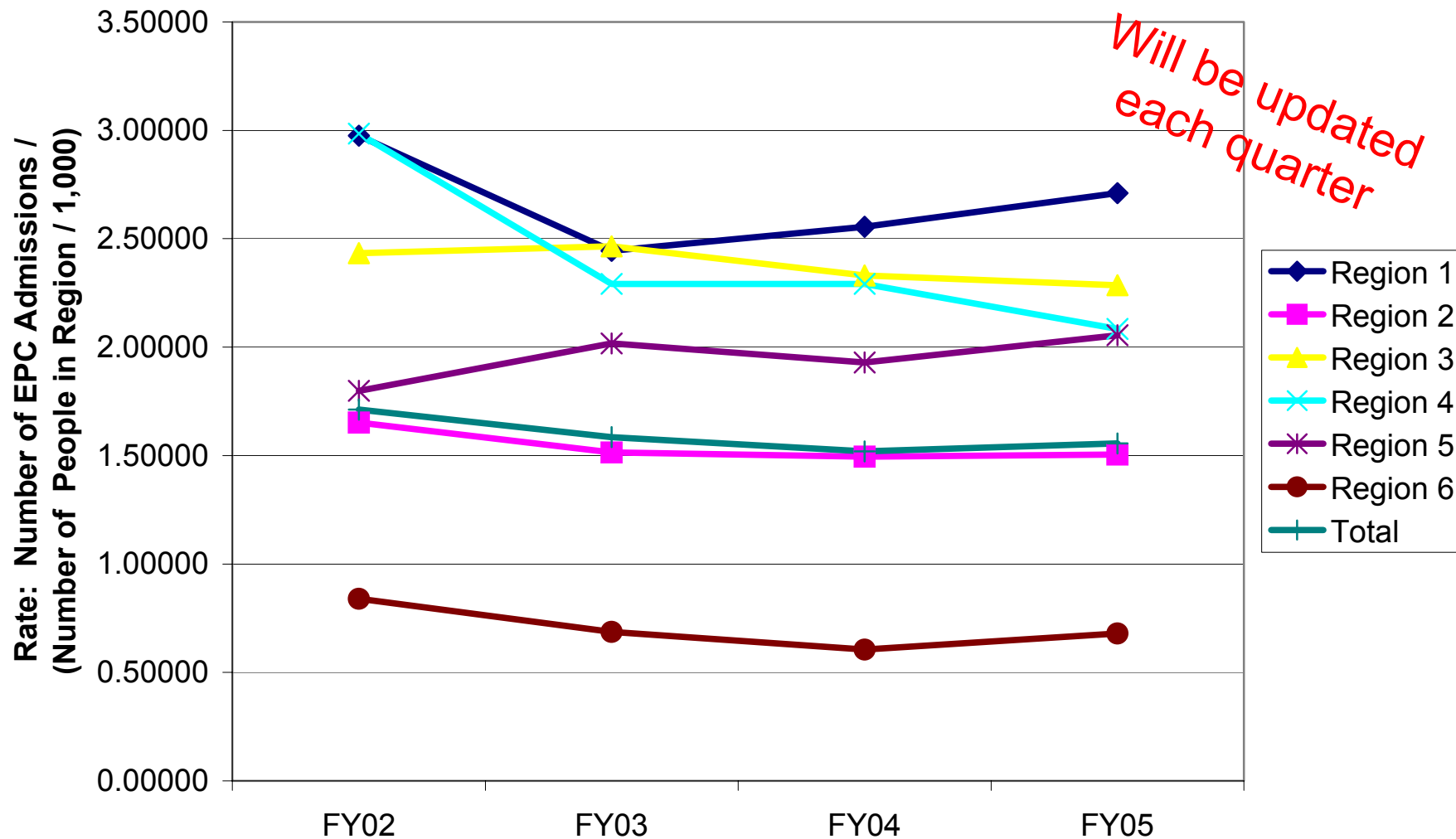
EPC Admissions by Region

*Will be updated
each quarter*



EPC Admissions Per 1,000 People in Region

Population Determined by Official Census 2000



INPATIENT SERVICES REGIONAL CENTER DATA

- MHB Commitments – RC “Reform” Units by Fiscal Year
- MHB Commitments –RC “Reform” Units by Month
- Wait Lists – RC
- Admissions / Census – “Reform” Units
- Discharge Living Arrangements – “Reform” Units

Mental Health Board Commitment Admissions to Behavioral Health Reform Units* by Region

Excludes Adolescent, Forensic and Sex Offender Units

FY02, FY03, FY04, FY05

Region	FY02	FY03	FY04	FY05
Region 1	50	54	40	7
Region 2	74	40	35	32
Region 3	241	179	140	129
Region 4	39	69	80	76
Region 5	205	216	172	155
Region 6	262	274	274	227
Total	871	832	741	626

*Will be updated
each quarter*

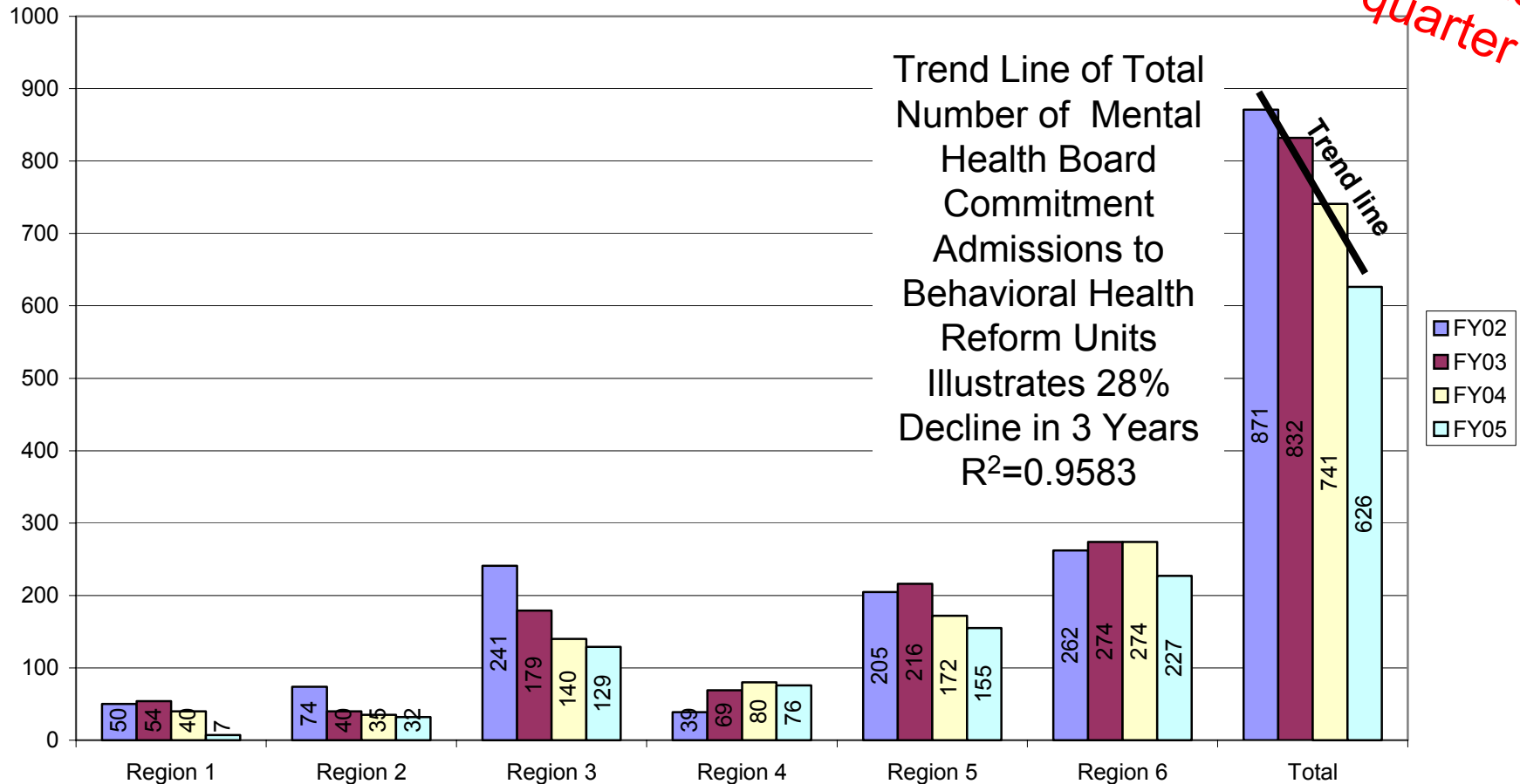
Data Source: AIMS

* Behavioral Health Reform Units includes inpatient and residential units at LRC, NRC, and HRC, but excludes Adolescent, Forensic and Sex Offender units

Mental Health Board Commitment Admissions to Behavioral Health Reform Units by Region

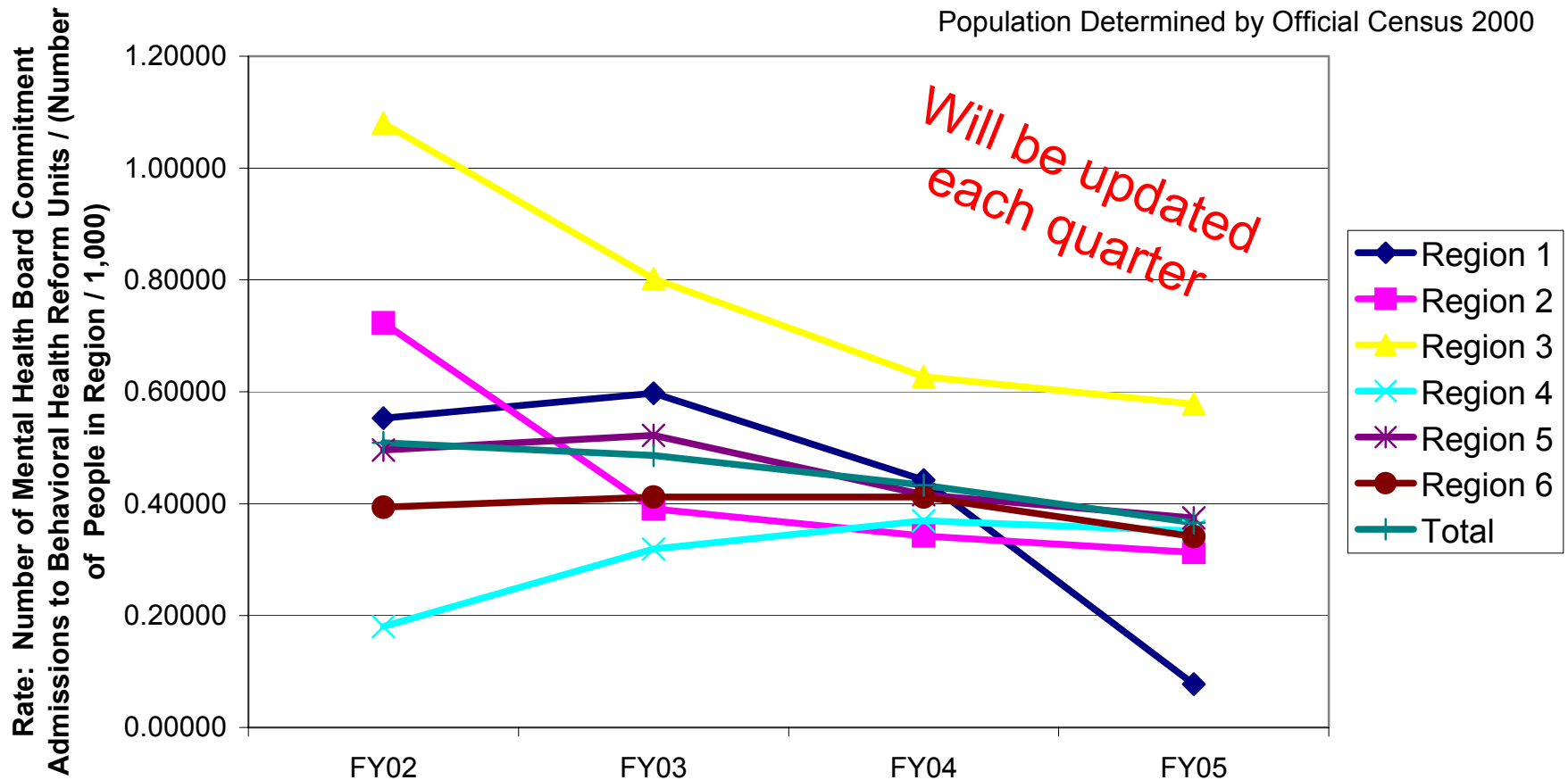
Excludes Adolescent, Forensic and Sex Offender Units

*Will be updated
each quarter*



Mental Health Board Commitment Admissions to Behavioral Health Reform Units per 1,000 People in Region

Excludes Adolescent, Forensic and Sex Offender Units

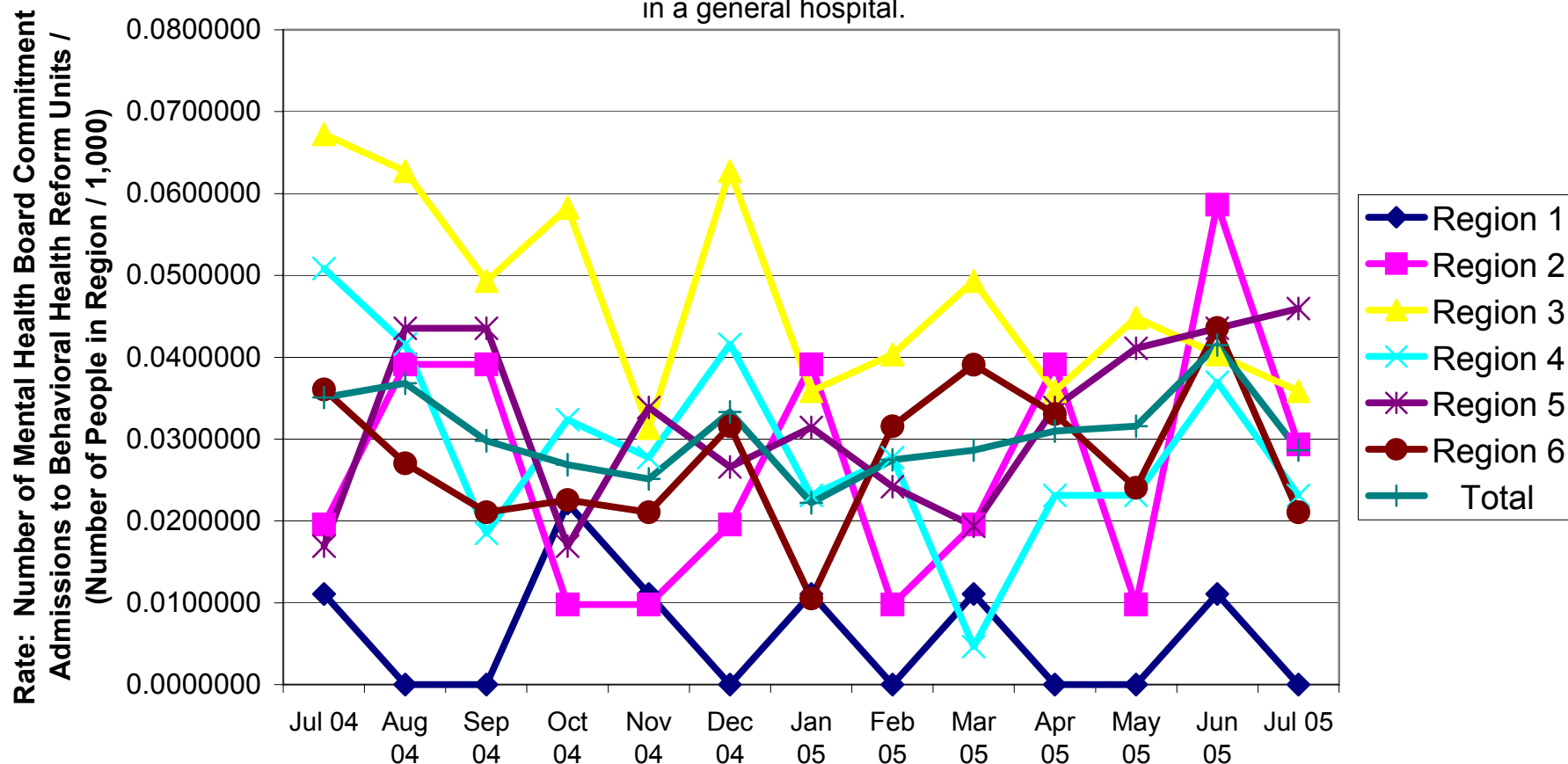


Population Determined by Official Census 2000

Monthly Mental Health Board Commitment Admissions to Behavioral Health Reform Units per 1,000 People in Region

Excludes Adolescent, Forensic and Sex Offender Units

Does not include transfers or referrals between regional centers and persons returning from treatment in a general hospital.

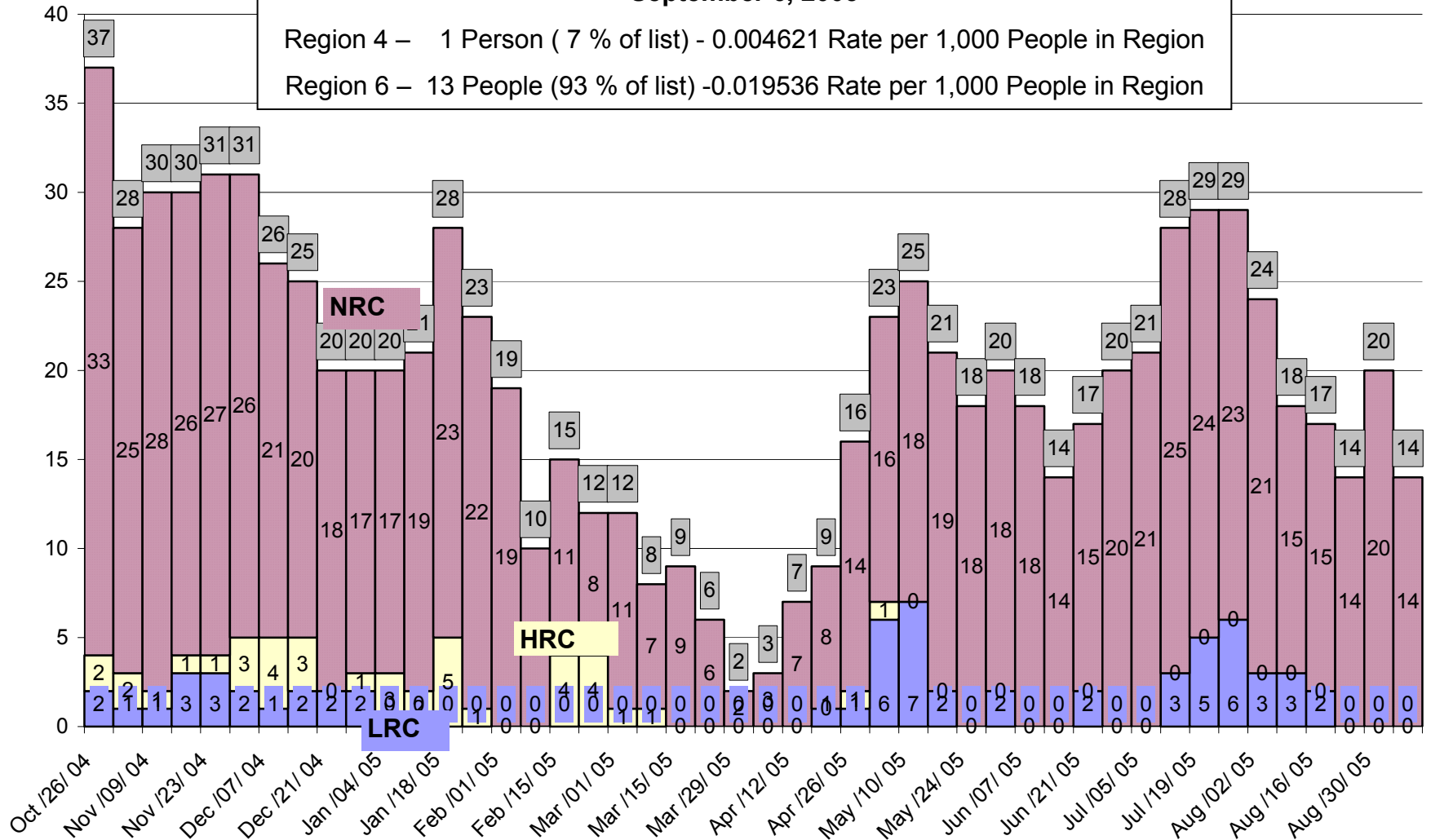


Regional Center Waiting List

September 6, 2005

Region 4 – 1 Person (7 % of list) - 0.004621 Rate per 1,000 People in Region

Region 6 – 13 People (93 % of list) - 0.019536 Rate per 1,000 People in Region



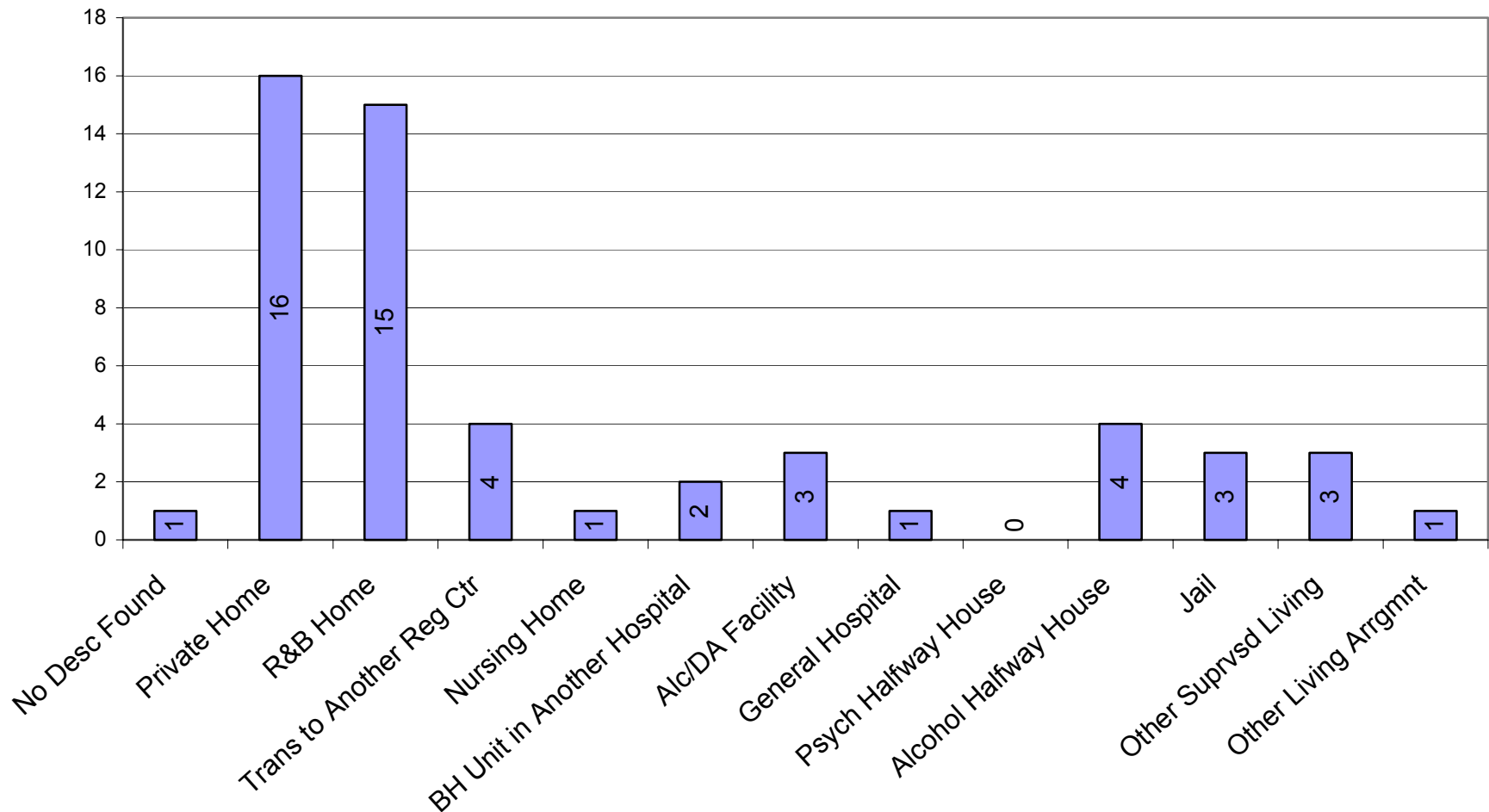
Regional Center Census –July 31, 2005

Excludes: Adolescent, Forensic and Sex Offender Units

Regional Center	Admissions	Census
Hastings Regional Center		
Residential Rehab	12	34
Lincoln Regional Center		
Short Term Care	20	43
Community Transition	1	39
Norfolk Regional Center		
Geriatric Medical – 1W	0	33
SPMI, Male – 2E	1	37
SPMI, Mixed – 3E	1	37
Transition / Rehabilitation – 2W	0	36
Admissions – 3W	19	36
TOTAL	54	295

July Discharge Living Arrangements from Behavioral Health Units

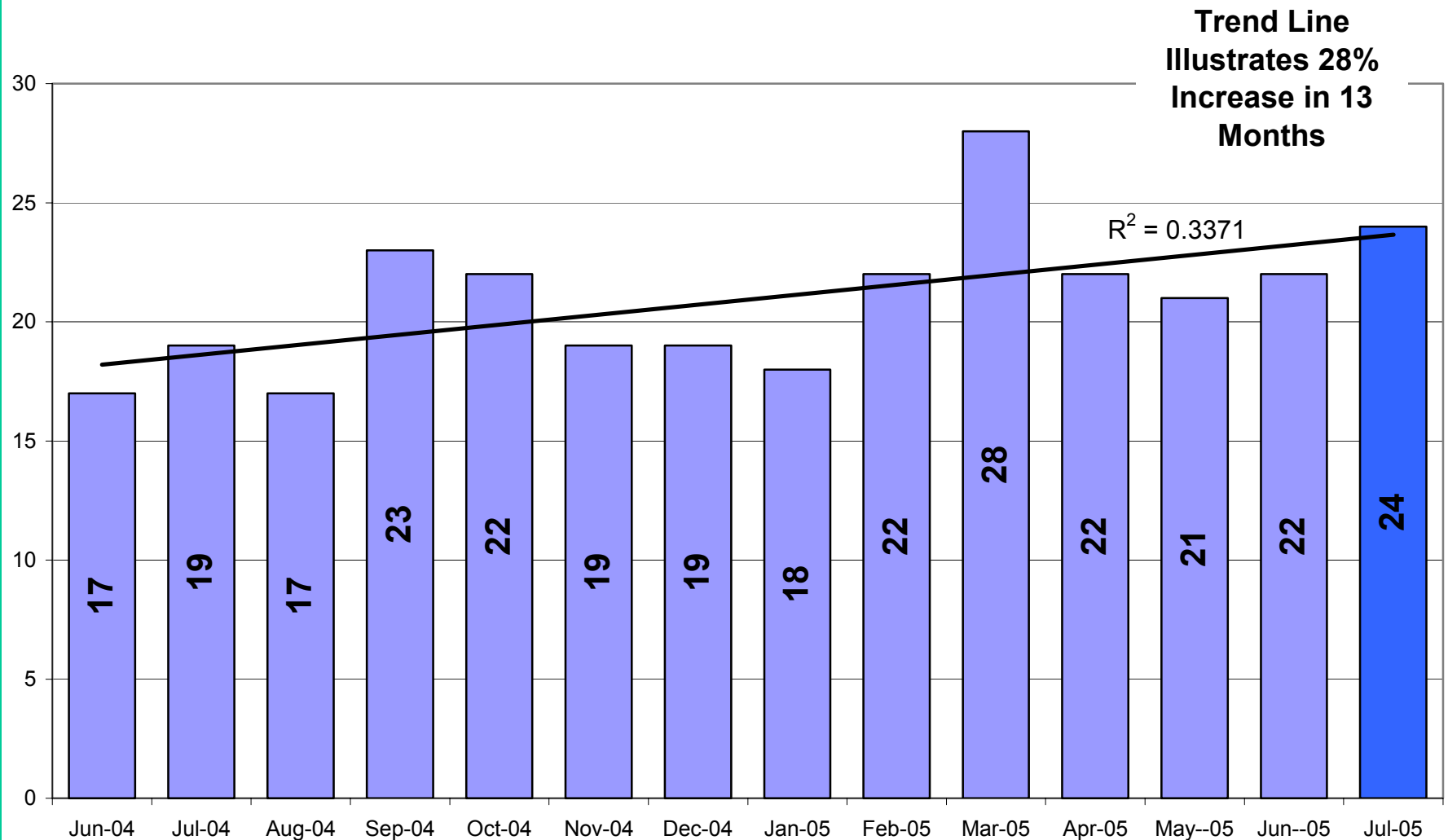
Excludes: Adolescent, Forensic and Sex Offenders Units



Community Services

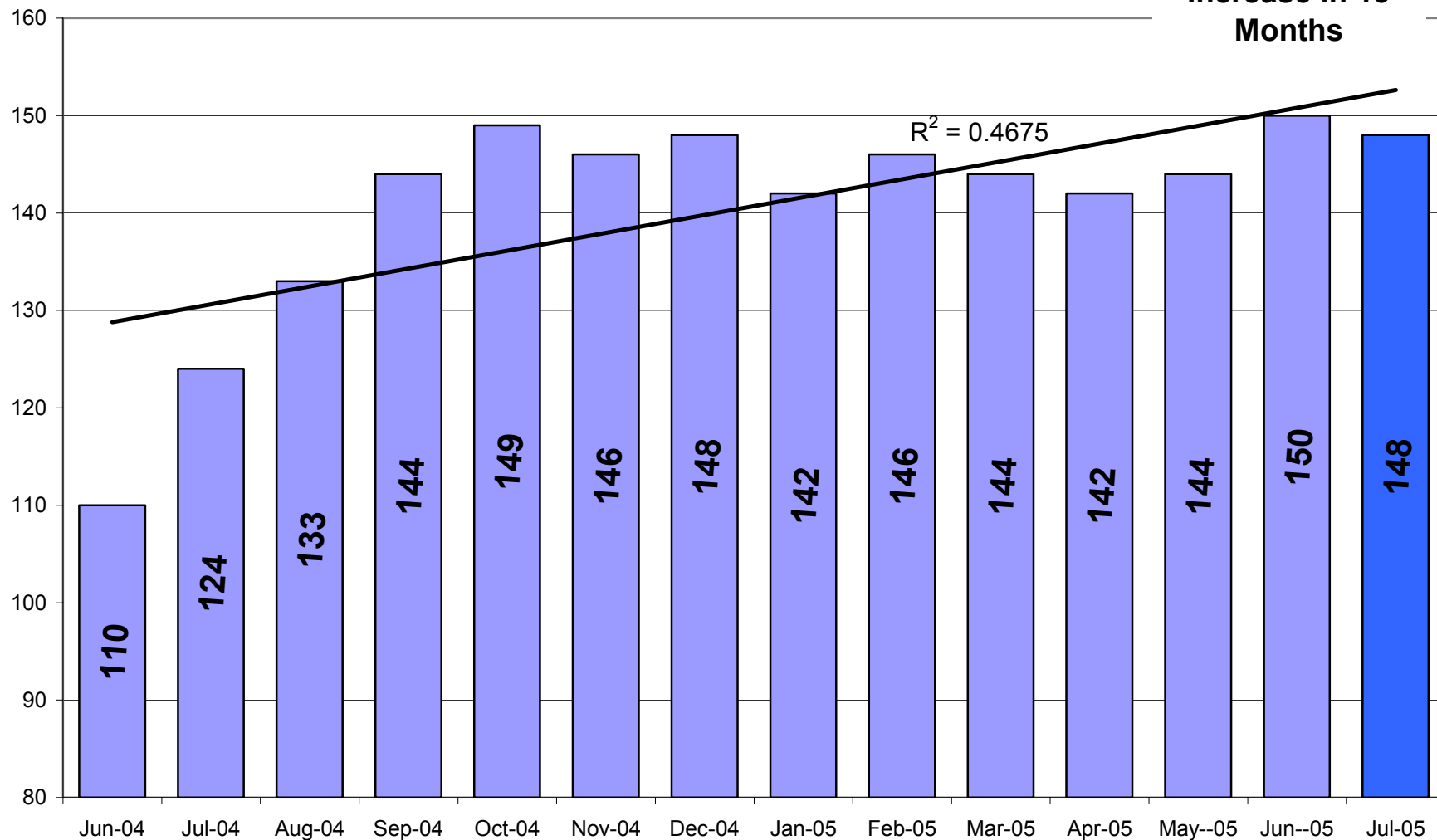
- Development of Community-based Services
 - Progress Reports
- Number of People Served
 - Dual Residential – 28% Increase
 - Assertive Community Treatment – 18% Increase
 - Community Support - Mental Health – 14% Increase
 - Community Support - Substance Abuse – 14% Increase
 - Short Term Residential – 9% Increase
 - Day Rehabilitation – 7% Increase
 - Psychiatric Residential Rehabilitation – 12% Increase
 - Total People Served (Duplicated) in Community Services – 12% Increase

People Served Per Month in Dual Residential Services

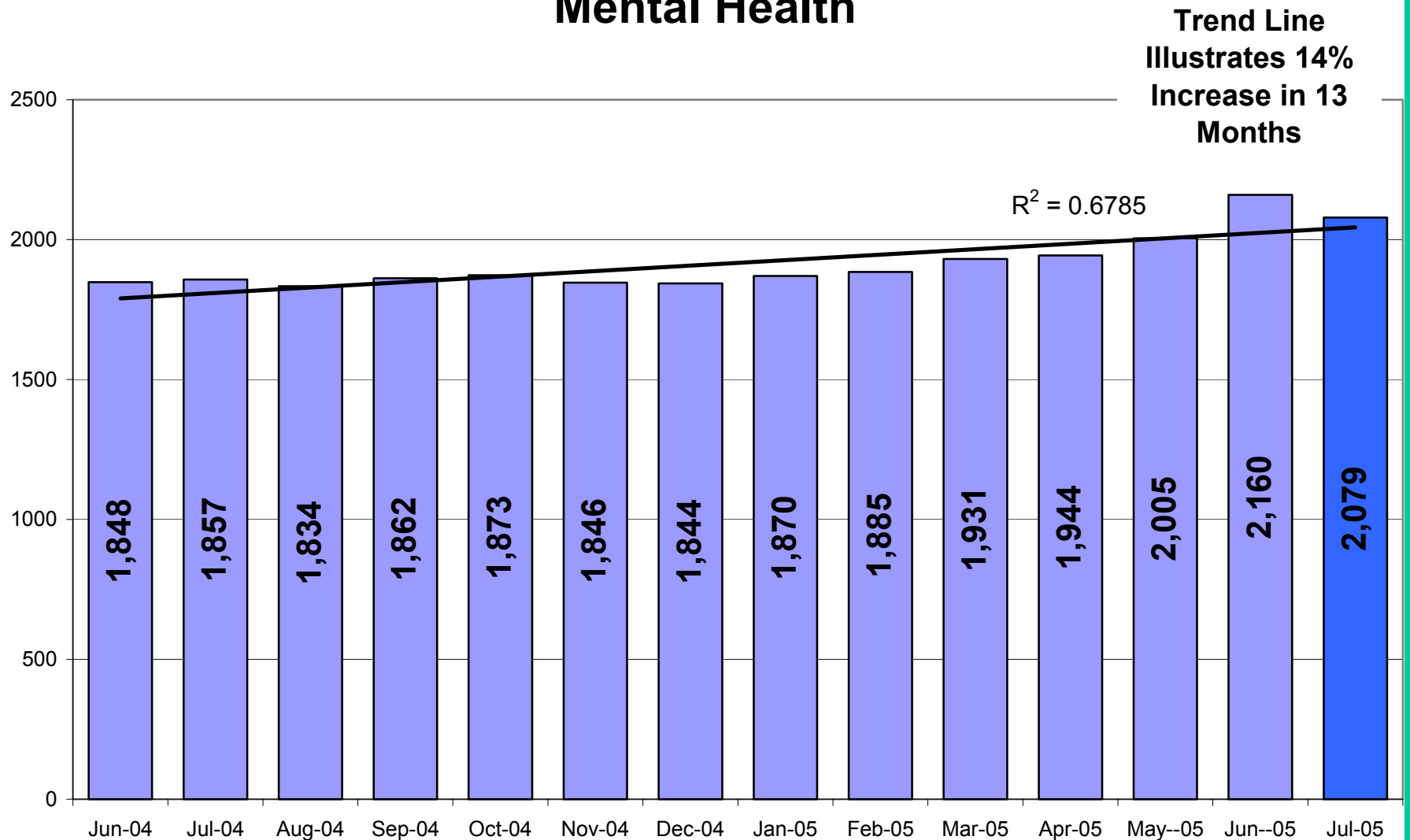


People Served Per Month in ACT

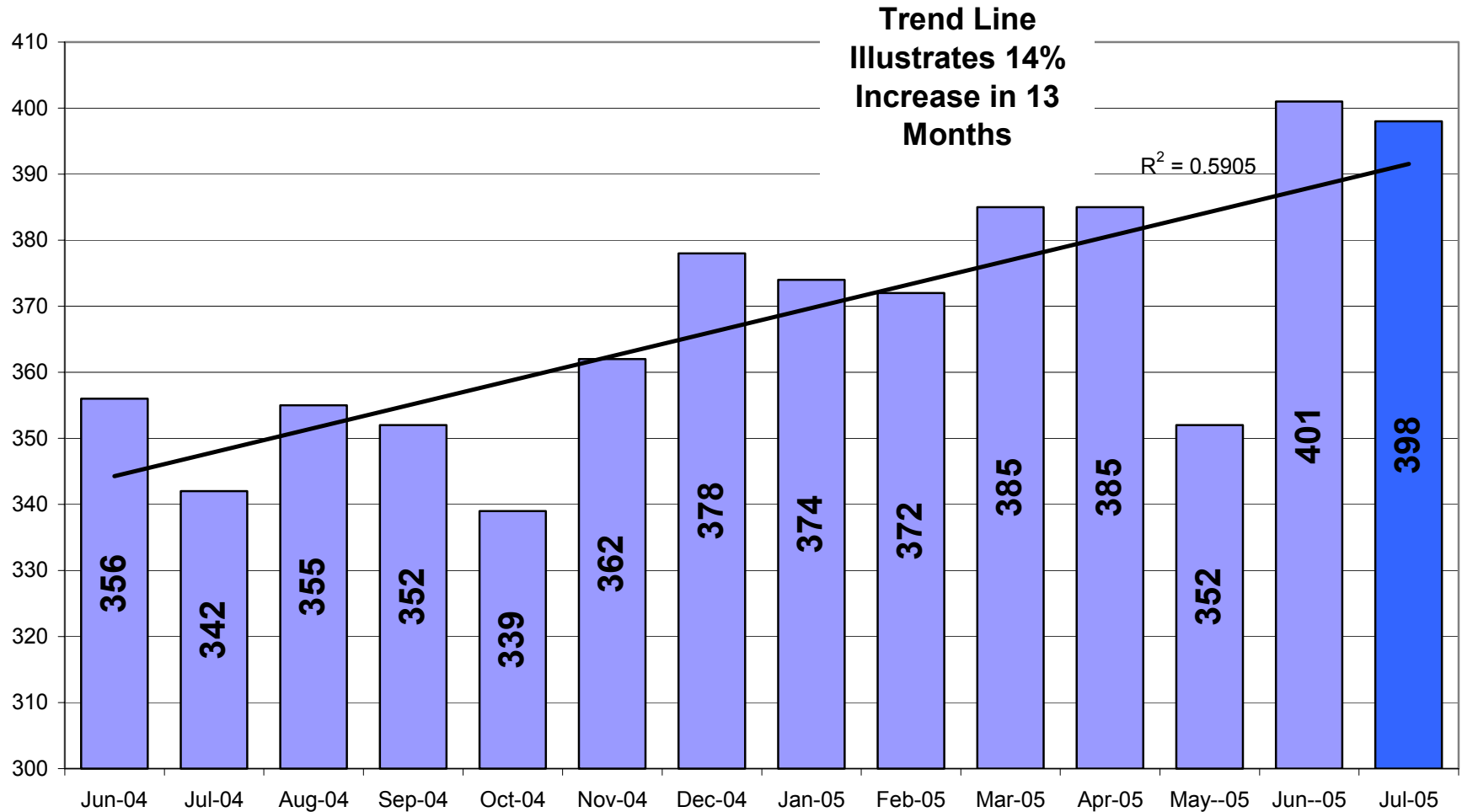
Trend Line
Illustrates 18%
Increase in 13
Months



People Served Per Month in Community Support - Mental Health

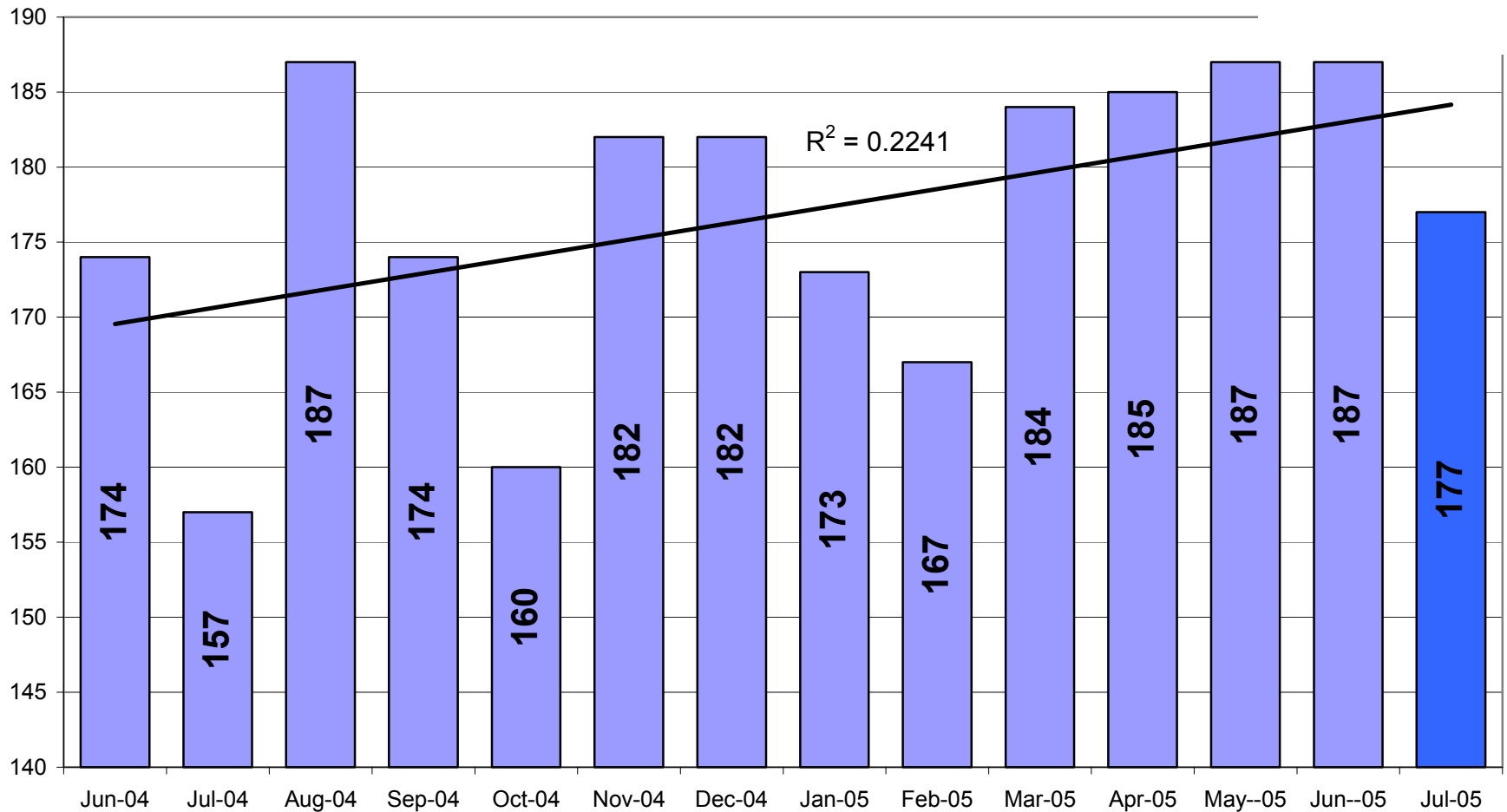


People Served Per Month in Community Support - Substance Abuse

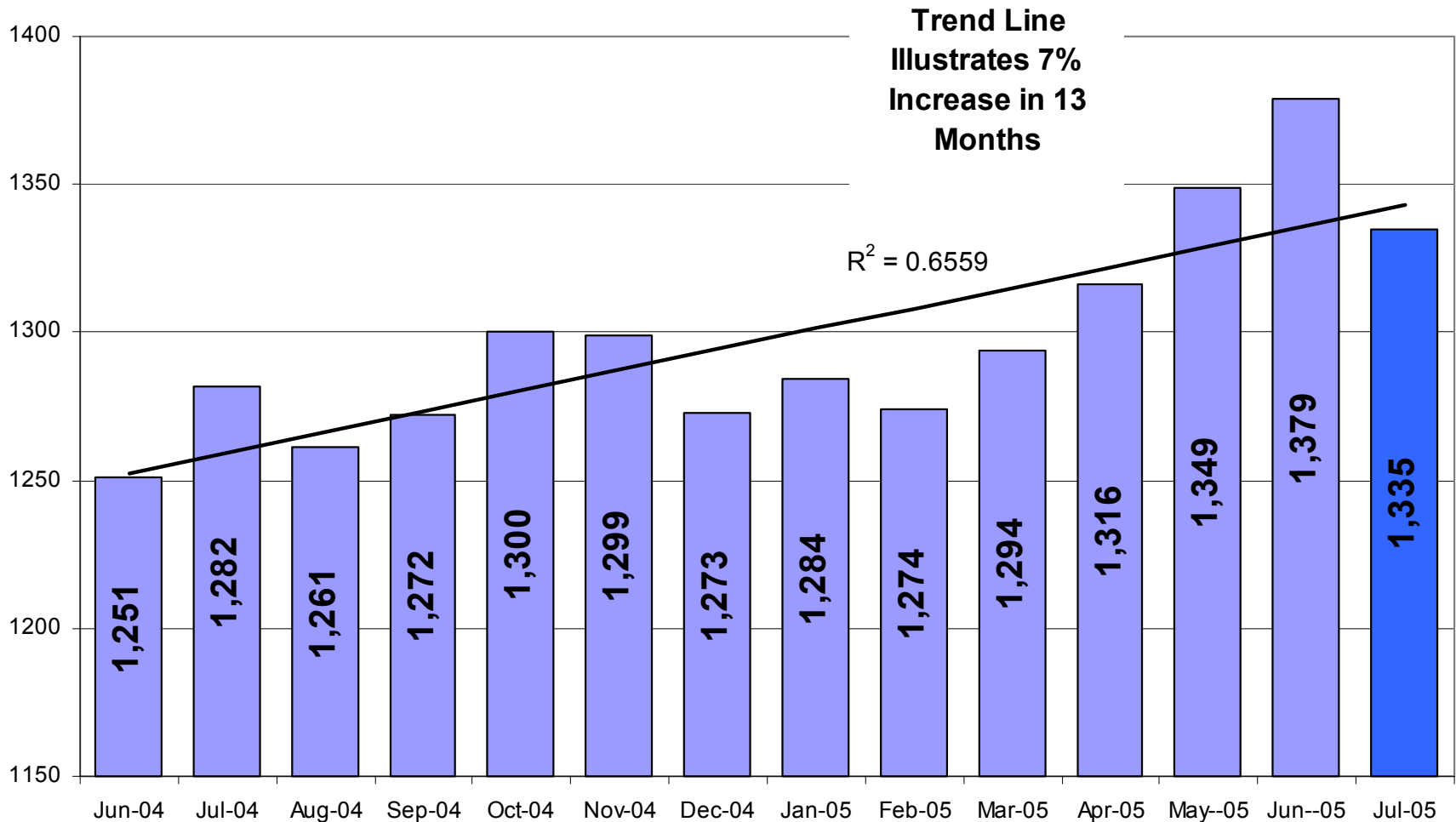


People Served Per Month in Short Term Residential

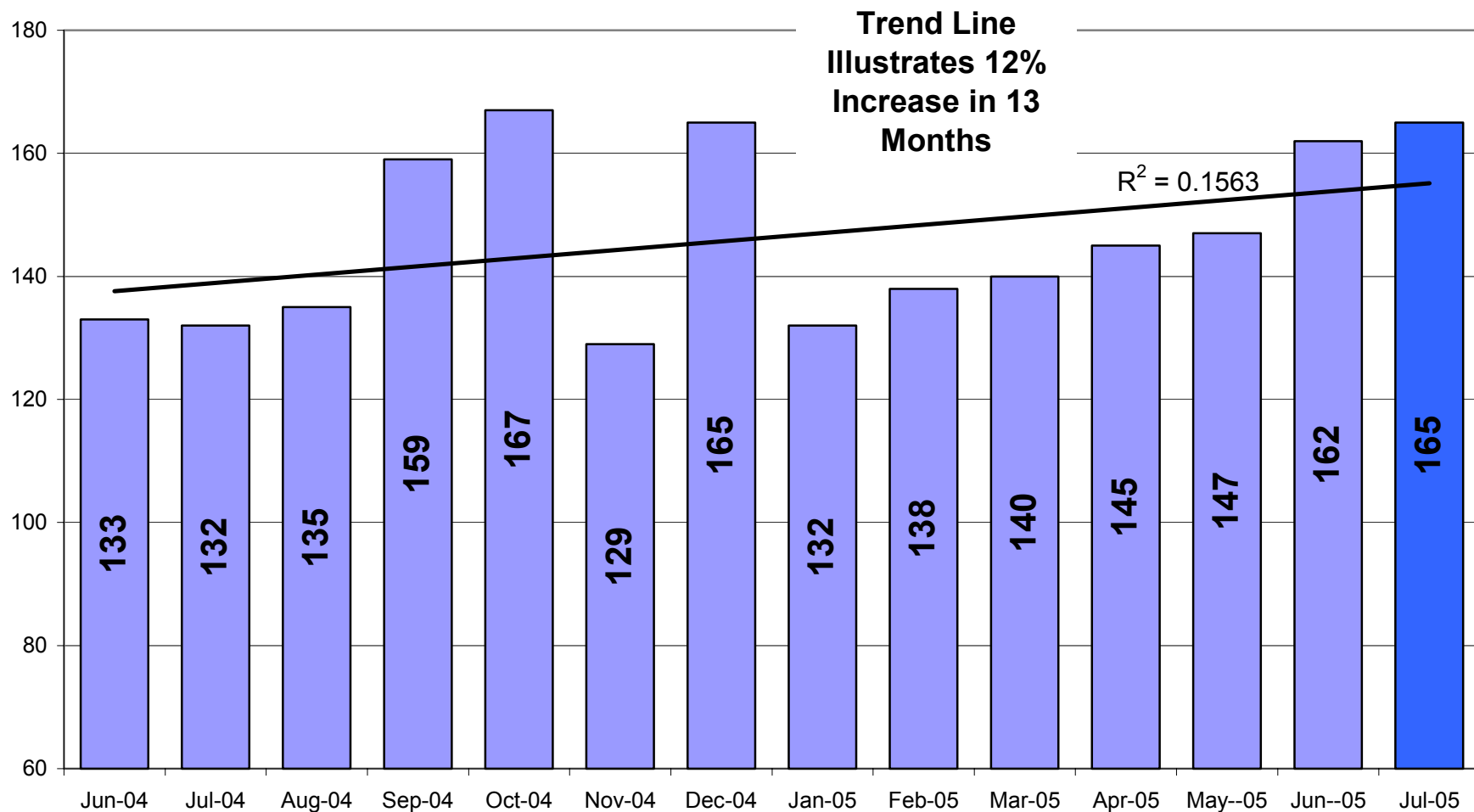
Trend Line
Illustrates 9%
Increase in 13
Months



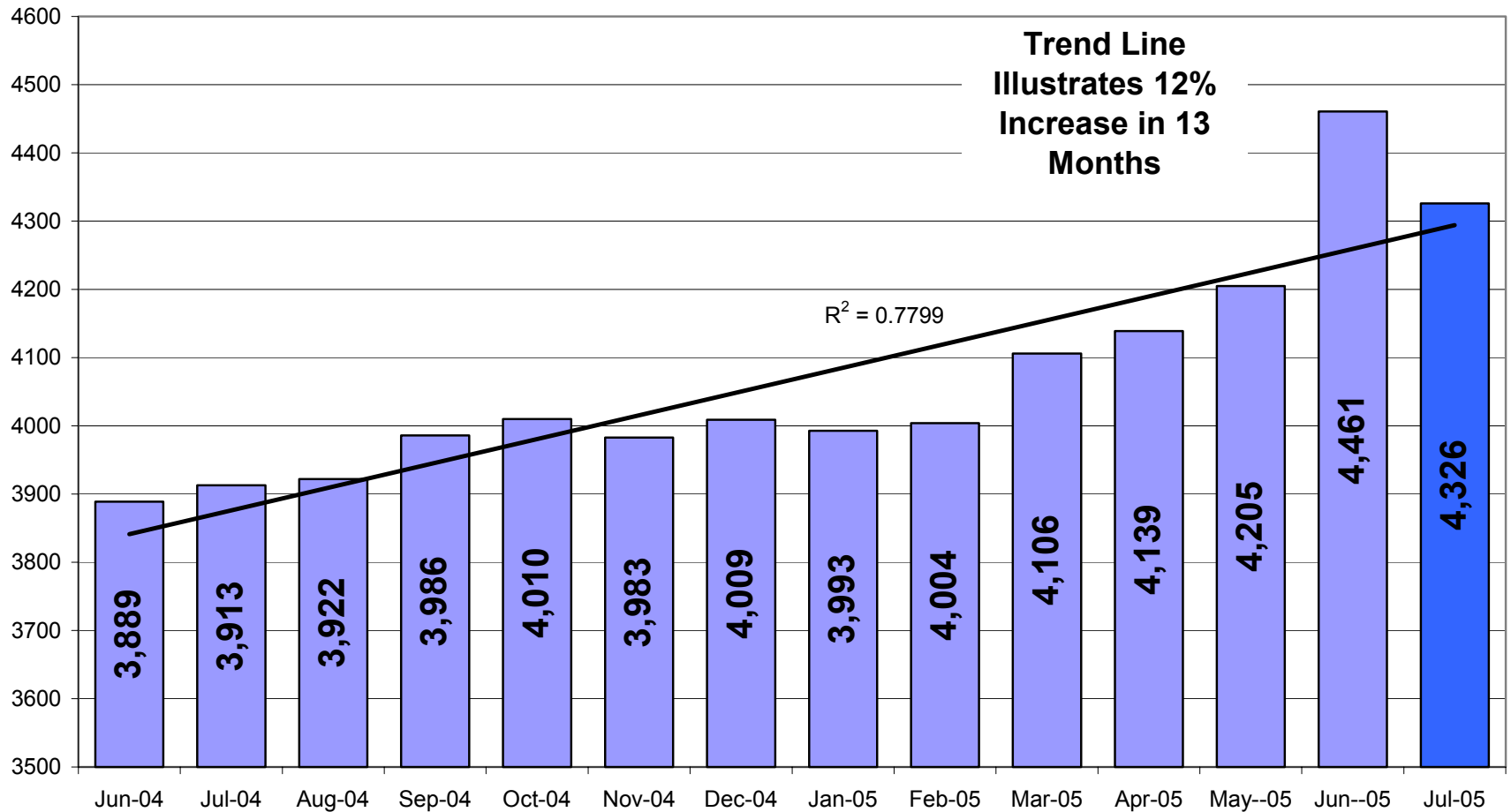
People Served Per Month in Day Rehabilitation Services



People Served Per Month in Psychiatric Residential Rehabilitation



Total People Served (Duplicated) Per Month in Community Services



Interim Plan for Region 6

1. Agreed-upon Interim Services: State sent contracts to Region 6 on 8/8/05.

<u>22 New Bed Capacity</u>		<u>253 More People Served</u>		<u>28 More Beds in October</u>		<u>Plus 2nd 16-bed Sub-Acute (two vendors)</u>
Short-Term Res	8	Inten Comm Serv	28	Dual Diagnosis	8	Sub-Acute 16**
Short-Term Res Enh.	8*	Emer Comm Supt	15	Psych Res	20	
Crisis Respite	6	Day Rehab	100			
		Med Mgmt	110			
						Decreases need for acute

*Current Short-Term Residential beds expanded to handle consumers with dual disorder

** These Sub-Acute beds are in addition to the Telecare beds that will be operational August 30, 2005

2. Negotiating – 8-12 crisis beds

3. Utilization Management Process created

EPC → MHCB → Placement
(CRT/Magellan)

4. Housing – 9/1/05

9/2005

September 9, 2005

HHSS Division of Behavioral Health Services

24

Region 6 Additional Capacity FY 06

Service	Annual Capacity	Estimated Start Date*	Provider(s)	Average Length of Stay
Inpatient Subacute (in addition to Telecare)	16 beds	December 2005	TBD	21 Days
Dual Disorder	8 beds	October 2005	Catholic Charities	6 Months
Short-Term Residential	8 beds	October 2005	NOVA TC	14 to 45 days
Short-Term Residential Enhanced	8 beds	September 2005	Catholic Charities	14 to 45 days
Crisis Respite Residential	6 beds	September 2005	Salvation Army	30 Days
Intensive Community Services	28 persons	September 2005	Community Alliance	Varies
Psychiatric Residential Rehabilitation	20 beds	September 2005	Community Alliance	6 to 18 Months
Emergency Community Support	15 persons	October 2005	Salvation Army	90 days
Day Rehabilitation	100 persons	October 2005	Community Alliance	6 to 12 Months
Outpatient and Medication Management	110 persons	October 2005	Catholic Charities	Varies
Intensive Outpatient	10 slots	October 2005	TBD	6 to 8 Weeks

Region 6 Additional Capacity FY 06

Service	Annual Capacity	Costs		
		Operational	Start Up	Total
Inpatient Subacute (in addition to Telecare)	16 beds	\$ 1,510,425	\$ 515,000	\$ 2,025,425
Dual Disorder	8 beds	\$ -	\$ -	\$ -
Short-Term Residential	8 beds	\$ 392,500	\$ 28,000	\$ 420,500
Short-Term Residential Enhanced	8 beds	\$ 53,534	\$ -	\$ 53,534
Crisis Respite Residential	6 beds	\$ 249,550	\$ 56,000	\$ 305,550
Intensive Community Services	28 persons	\$ 259,000	\$ 29,500	\$ 288,500
Psychiatric Residential Rehabilitation	20 beds	\$ -	\$ -	\$ -
Emergency Community Support	15 persons	\$ 50,000	\$ 5,000	\$ 55,000
Day Rehabilitation	100 persons	\$ 553,425	\$ 200,000	\$ 753,425
Outpatient and Medication Management	110 persons	\$ 120,000	\$ -	\$ 120,000
Intensive Outpatient	10 slots	\$ 111,000	\$ -	\$ 111,000
TOTAL*		\$ 3,299,434	\$ 833,500	\$ 4,132,934

Rental Assistance Program

- **Housing Related Assistance**
- **One-time Funding**



Rental Assistance Program

- Program plans have been received and approved from Regions 1, 3, and 5
 - Region 1 contracted with Scottsbluff City Housing Authority to administer program
 - Regions 3 and 5 are administering the program themselves
 - These three regions can now bill the Division for services
- Program plan has been received from Region 4 and is almost ready for approval
 - Region 4 will administer the program itself
- Regions 2 and 6 have not submitted program plans to date
 - Both are contracting out the administration. Both have selected a contractor



Rental Assistance Program

- One-time funding (\$1,845,000)
 - Meeting is scheduled for 9/13/05 with the six Regions and affordable housing finance people

Contracts for Housing Related Assistance with the six Regional Behavioral Health Authorities for FY2006 (July 1, 2005 to June 30, 2006)

Region	Housing Related Assistance	Estimated Minimum # of Vouchers	LB40A One Time Funding	Total FY2006 Allocations	Percentage
1	\$88,100	14	\$97,785	\$185,885	5.0%
2	\$88,100	14	\$110,700	\$198,800	5.4%
3	\$268,600	46	\$239,850	\$508,450	13.7%
4	\$268,600	46	\$232,470	\$501,070	13.5%
5	\$444,800	75	\$446,490	\$891,290	24.1%
6	\$696,800	123	\$717,705	\$1,414,505	38.2%
Rg Total	\$1,855,000	318	\$1,845,000	\$3,700,000	100%
Reserve	\$145,000	28			
Total Funds	\$2,000,000	346			

Intermediate Specialized Services Nebraska Medicaid Program

- CMS approved the State Plan Amendment in July
- A team of geriatric psychiatrists have reported to HHSS on reviews of Norfolk Regional Center patients. A recommended screening process is being finalized, that would identify eligible individuals for this level of care.
- Medicaid will inform providers about care needs and requirements

Medicaid Psychiatric Rehabilitation Option Services

- Medicaid/Medicare dual eligibles and Subsidized Adoption youth added to Medicaid Behavioral Health Managed Care Waiver (allows this population to have their substance abuse services funded by Medicaid)
- Medicaid Rehabilitation Option (MRO) added to Behavioral Health Managed Care Waiver
- Medicaid now processing and paying MRO claims directly to providers, for Medicaid recipients, through MMIS
- Contact Medicaid if any issues arise with claims processing.
Contact: Cec Brady 402-471-9506

Nebraska Medicaid MRO Claims Paid

August 2005

	Net Amount Paid	Total Units		Average # of Days Service to Payment
Community Support	\$308,822	1,223	months	49.1
Day Rehab	\$406,910	8,352	days	30.8
Residential Rehab	\$381,524	3,829	days	34.5
Assertive Community Treatment	\$181,415	4,551	days	28.4
Total	\$1,278,670			32.8

09/07/2005

Medicaid Waiver Adult Substance Abuse Services

All of the following services are covered by the Medicaid waiver for Medicaid Managed Care eligible clients

- Substance Abuse Assessments
- Outpatient Services
 - Community Support
 - Group Therapy
 - Family Therapy
 - Individual Therapy
- Intensive Outpatient (IOP)
- Partial Hospitalization (Partial Care)
- Clinically Managed Low Intensity Residential Treatment
 - Halfway House

Medicaid Waiver Adult Substance Abuse Services

All of the following services are covered by the Medicaid waiver for Medicaid Managed Care eligible clients

- Clinically Managed Medium Intensity Residential Treatment
 - Intermediate Residential
 - Therapeutic Community
- Clinically Managed High Intensity Residential Treatment
 - Short Term Residential
 - Dual Diagnosis Residential
- Ambulatory Detoxification with Extended On-Site Monitoring
- Clinically Managed Residential Social Detoxification
- Medically Monitored Inpatient Detoxification